

## Athlete Application Form

Contact Details	
Full Name	
Address	
	Postcode
Contact Tel No.	
E-mail	
Date of Birth	

Parent/Guardian Contact Details (if under 18)	
Name	
Address	
	Postcode
Contact Tel No.	
E-mail	

Sport Participation & Club Membership		
Please tell us which sports you participate in, the clubs you are a member of and the levels of competition.		
Sport	Club	Competition Level
<i>ie. Football</i>	<i>Broughty United Youth Football Club</i>	<i>Dundee &amp; District U16 League</i>

Session Choices					
Please identify up to 3 sessions you would be interested to attend, rank your preferences from 1-3 (1 being most preferred option).					
Day	Time	Focus	Facility	Age Group	Preference
Monday	7 - 8pm	Strength	Performance Suite	11 - 17	
	8 - 9pm	Strength	Performance Suite	Adult (18+)	
	8.15 - 9.15pm	Speed	Indoor Athletics Track	11 - 17	
Tuesday	6 - 7pm	Strength	Performance Suite	11 - 17	
	6.30 - 7.30pm	Speed	Indoor Athletics Track	Adult (18+)	
	7.30 - 8.30pm	Speed	Indoor Athletics Track	11 - 17	
	8.30 - 9.30pm	Strength	Performance Suite	Adult (18+)	
Thursday	8.30 - 9.30pm	Strength	Performance Suite	11 - 17	

Do you wish to attend 1 or 2 sessions per week?

Please Tick    1     2

**Please return the completed form to [rpcdundee@leisureandculturaldundee.com](mailto:rpcdundee@leisureandculturaldundee.com)**  
**A member of staff will contact you once places are allocated.**