




























# DISC VIRTUAL CYCLE TIMETABLE

MON	TUES	WED	THUR	FRI	SAT	SUN
 Studio Coach (Fast Class) 06.30-07.00	 Tour Coach 07.00-07.50	 Tour Coach 06.30-07.20	 Studio Coach (Fast Class) 07.00-07.30	 Studio Coach 09.00-09.50	 Studio Coach 09.30-10.20	 Tour Coach 09.00-09.50
 Studio Coach 09.30-10.20	 Studio Coach 10.00-10.50	 Studio Coach 09.30-10.20	 Studio Coach 10.30-11.20	 Studio Coach 12.30-13.20	 Tour Coach 16.00-16.50	 Studio Coach 10.00-10.50
 Studio Coach 12.30-13.20	 Tour Coach (Fast Class) 13.00-13.30	 Tour Coach (Fast Class) 12.15-12.45	 Tour Coach 13.00-13.50	 Studio Coach (Fast Class) 17.15-17.45		 Studio Coach 10.00-10.50
 Tour Coach 19.00-19.50	 Studio Coach 17.30-18.20	 Tour Coach 19.15-20.05	 Studio Coach 18.00-18.50	 Studio Coach (Fast Class) 18.15-18.45		

 Studio Coach Class is led by a virtual Master Trainer on our big screen

 Tour Coach Class is an immersive screen-led ride full of amazing scenery

 Fast Class is an express class lasting 30 minutes

leisureactive