

DUNDEE
SPORTS STARS



Information Sheet

Supporting & Promoting Sporting Achievement

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**Are you part of a Scotland sporting squad?
Do you want to develop more as an athlete?
Can you be a sporting role model in your school?**

If the answer is yes to these questions, then sign up for Dundee Sports Stars – a programme run by Leisure & Culture Dundee to develop national athletes in Dundee secondary schools.

The Dundee Sports Stars Programme aims to support the development of national athletes who attend Dundee secondary schools and promote their sporting achievements. In return, the athlete will work with Active Schools to promote sporting opportunities in their school and local community.

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What are the benefits for National Athletes?

- **Athlete Education Programme**
Access to an athlete education programme supporting athletes with their development – this will include on-line resources, e-Learning modules and face-to-face workshops
- **Free access to facilities for individual training**
Access to Leisure & Culture Dundee fitness suites and swimming pools for individual training (ages 14+ only) through the National Athlete Access Programme*
- **Access to Subsidised Strength & Conditioning Training**
Opportunity to apply to be part of the Dundee Athlete Performance Programme* or the RPC Developing Athlete Programme*
- **Promotion of your sporting achievements**
Through social media we will celebrate your sporting achievements and promote your sport and club to inspire more people to get involved
- **Active Schools Coordinator Support**
Support from your Active Schools Coordinator to promote sporting opportunities in your school & local community while building your experience and adding to your CV

To apply and for more information, please go to:

<http://www.leisureandculturedundee.com/leisure/dundee-sport-stars>

or speak to your PE Department.

*For more information on the Dundee Athlete Performance Programme, National Athlete Access Programme and the RPC Developing Athlete Programme, go to:
<http://www.leisureandculturedundee.com/leisure/performance-sport>