Disability Sports
Weekly Sessions

leisure & culture DUNDEE

Sessions

Carpet Bowls (Oct-Mar)	**Douglas Sports Centre**	Monday 10am - 11:30am	STD: £4.20 Conc: £3.80
Football	**SoccerWorld**	Monday 13.30pm-3pm Friday 13:30pm-3pm	£3
Adapted Cycling	**Change Centre, South Road**	Monday 9:45am-13:45pm Friday 9:45am - 14:30pm Book in Advance	£3.50
Active Adults (multisports)	**Douglas Sports Centre**	Thursday 10am - 11:30am	STD: £4.20 Conc: £3.80
Swimming	**Lochee Swim and Leisure Centre**	Friday 10am - 11am	STD: £3.40 Conc: £2.80
Tayside Regional Boccia Squad (By Invite Only)	**D.I.S.C (Dundee International Sports Complex)**	Monthly Saturday 1pm-4pm	£5
Health Walk	**Baxter Park**	Tuesday 11am	Free
Health Walk	**Dudhope Park**	Thursday 1pm	Free
Lawn Bowls (Apr - Sept)	**Balgay Bowling Club**	Monday 10am-11:30am	£3.50

For more information, please contact:
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www.leisureandculturedundee.com
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