

Activate



REFERRAL FORM

Activate is a supported physical activity programme aimed at young people aged 8-15 (16-25 current identified referrers only) who are experiencing specific health conditions, care experienced young people and particular groups who experience multiple barriers to physical activity participation, with the goal of improving overall health and wellbeing levels.

NEW MEMBER

Title: Address:
Surname: Town:
First Name: Postcode:
E-mail: Contact Tel:
Date of Birth:

PARENT/CARER CONSENT FOR AGED 8-15 ONLY

Title: Relationship:
Surname: E-mail:
First Name: Contact Tel:

CHECKLIST (PLEASE TICK APPLICABLE):

Residential Care	Care Leaver	Statement:
Kinship Care	Young Carer	I live in Dundee
Foster Care	Health Condition	I am not a Leisure Active member
Looked after at home	Other	I will use this membership
Adopted		I like at least one of these activities

REFERRER:

Discuss Activate detail's:
Activate's aim
Activities
Facilities
Cost
What happens next

PATIENT DECLARATION:

All information provided will only be used by Leisure and Culture Dundee for the purposes of managing your involvement in the Activate programme. This includes using the information to make contact with you to arrange consultations, input and feedback.

General data will be used to create reports on the effectiveness of the programme, however this will be statistical and non-identifiable data to ensure complete anonymity and security of participants.

Leisure and Culture Dundee will securely hold the data provided. All data provided by you will be processed, stored and destroyed in accordance with the General Data Protection Regulation (GDPR) and only for the duration of your involvement within the Family Active programme.

For full information on Leisure and Culture Dundee's privacy policy, including guidance on retention periods please see our website for further details at www.leisureandculturedundee.com/privacy-policy

I give permission for the information on this form to be passed to the Activate referral team at Leisure and Culture Dundee.

Signature: Date:

REFERRERS DETAILS:

Title: Agency:
Surname: E-mail:
First Name:

Please submit completed form to
healthandwellbeing.referrals@dundeecity.gov.uk

The referring person(s) must be individually registered with the Activate programme prior to making any referrals. Contact lynn.allardice@leisureandcultur Dundee.com to discuss further.

CRITERIA

- Must live in Dundee
- Must not be a Leisure Active member
- Must be supported by a registered referring agency

WHAT IS THE PROCESS?

- Send referral to Health and Wellbeing Hub co-ordinator healthandwellbeing.referrals@dundeecity.gov.uk
- Referral Logged at the Referral Hub (Leisure and Culture Dundee)
- 2 – 3 weeks processing time
- Starter pack sent to new member by email
- They will receive a membership card, fact sheet and timetable

WHAT IS THE COST?

PHASE 1 (Week's 1-12) - Access to the outlined activities are free of charge and must be used at least once in this time period. Membership will be reviewed by call, text or e-mail to renew to phase 2.

PHASE 2 (Week's 13-24) – Access to the outlined activities are charged at £1 per visit and must be used at least once in this time period. Membership will be reviewed by call, text or e-mail to renew to phase 2.

PHASE 3 (week 25+) - Participants have an option to take out a monthly Activate membership that is charged at £10 per calendar month. (If there is a financial barrier for aged 8 – 18 years please contact the programme co-ordinator to discuss further options).

WHAT PHYSICAL ACTIVITY OPTIONS ARE AVAILABLE?

DUNDEE ICE ARENA - Anytime access to public skating and Learn to Skate sessions with free skate hire.
NB: Disco sessions are excluded from this activity.

SWIMMING - Participants can access any of our 5 swimming pools (Olympia, Lochee, Grove, St Pauls, Harris) during normal opening hours.

GYM (14+) – Access to gyms across our 8 centres (Olympia, Lochee, Douglas Sports Centre, D.I.S.C, St Pauls, Grove and Harris) anytime during opening hours (Youth Induction is mandatory for aged 14-15 must book on initial consultation).

DISCOUNTED ACCESS TO LACD HOLIDAY PROGRAMMES

Participants (aged 8-15) can access a wide range of holiday programmes at a discounted rate of 50%
www.leisureandcultur Dundee.com/holiday-activities **MUST BOOK**

REFERRER PROGRAMME INFORMATION AND SUPPORT

Lynn Allardice
Health and Wellbeing Officer

E: lynn.allardice@leisureandcultur Dundee.com
T: 01382 438862

NEW/EXISTING REFERRAL'S INFORMATION AND SUPPORT

Louise Bennett
Health and Wellbeing Hub Co-ordinator

E: louise.bennett@leisureandcultur Dundee.com
T: 07771 805277

