



# YEAR IN REVIEW

## LEISURE & SPORT

2018 // 2019  
SERVICE REPORT



# INTRODUCTION

The Leisure and Sport Service experienced another very successful year, even surpassing the previous year's performance in terms of attendances and developments. There were local, national and international events held across the Service with the outstanding highlight being the World Karate Championships hosted at Dundee Ice Arena in June.

The Olympia, yet again, saw more than 470,000 visitors pass through its doors. This performance is astonishing, particularly given some of the property maintenance issues being experienced, of which close scrutiny is required in forthcoming years.

Camperdown Wildlife Centre continues to deliver excellent education and conservation experiences combined with a 'great day out' for the family. The tri-annual inspection took place with the Government's inspection team full of praise for every aspect of the Centre.

The Sports Development and Health and Wellbeing Services have extended the reach of the Service throughout the city. These Services create opportunities for individuals and

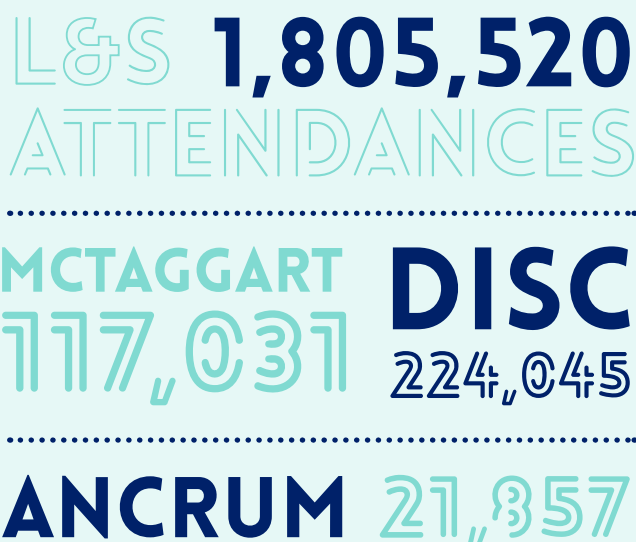
communities to benefit from physical activity and sports. The Referral Hub has become an exemplar of pathfinding in Scotland whilst the delivery programmes use activity to help support people through a range of health and social challenges. Young peoples' sporting aspirations are channelled, refined and realised by the Sports Development Service. Football, athletics, basketball, gymnastics and disability sport have all been supported across the city with achievements recognised at the Leisure and Culture Dundee Sports Awards.

Dundee International Sports Complex and the network of stand-alone and school based sports facilities have received over half a million attendances across swimming, badminton, football, netball, hockey, rugby and many more sports. These are some of the highest participation rates in the Country with customer satisfaction levels at 99%.

On the horizon is the Regional Performance Centre Dundee. This is one for the future and the Leisure & Sport Service is looking forward to being part of its fantastic journey.

## HEADLINE FIGURES 2018/19

- Total Attendances for Leisure and Sport were **1,805,520** (increased by 69,109 from 2017/18)
- McTaggart Regional Gymnastics Centre had their highest annual attendance to date, increasing from 113,537 in 2017/18 to **117,031**
- For the 2nd year in a row, DISC again reached over 200,000 with **224,045** attendances, an increase of 3%
- Ancrum increased attendances by 33% to **21,857**, an increase for the 4th straight year since transferring to L&CD
- Most other services maintained or bettered the 2017/18 attendance figures



# POLICY AND STRATEGY



## REGIONAL PERFORMANCE CENTRE DUNDEE (RPC DUNDEE)

The £32million Regional Performance Centre is nearing completion with the handover dates confirmed for the end of Summer 2019. It is anticipated that a partial programme will operate from 1 September 2019 for the Ronnie McIntosh Stadium (Indoor and Outdoor Athletics), Mark Stewart Cycle track (Velodrome) and the Indoor and Outdoor Pitches. The completion of the main Hub building, including the Sports Hall and Conference facilities is anticipated to be completed around three weeks after the outdoor areas, with operations expected to be underway by mid to end of September. General Public access is planned to commence from October 2019.

The RPC Dundee has already attracted significant interest from across Dundee, the Region and Scotland, with multiple governing bodies of sport and professional clubs confirming their annual programmes at the Centre. The Centre will be the new home for the Tayside & Fife Institute of Sport and the Regional Sporting Partnership, with the highest achieving clubs and athletes being catered for alongside aspiring local people. Once fully operational the RPC Dundee will attract significant use for training, competition and events bringing a national profile to Caird Park to complement the development of the Caird Park Golf Course.

This is an exciting development for the city and plans are well underway to utilise this excellent resource to improve performance sport, contribute to the existing portfolio of facilities in the city and make a huge impact on the quality of sport across the Region.



## PHYSICAL ACTIVITY STRATEGY – 2019 UPDATE

The physical Activity Strategy has been “live” for some 18 months and significant developments have been seen across the supporting frameworks. The Strategy has provided a consistent strategic direction for the city and has been reflected in multiple partners’ strategic planning, influencing the **sportscotland** partnership agreements, sports specific planning and investment and partners’ development aspirations.

Since the Strategy was launched, increased liaison with key partners on facility maintenance, development and investment has been prioritised and the improvements on Dundee Citizens’ quality of life through the active living and play frameworks has been significant.

All frameworks contribute to the National Active Scotland Outcomes and the relevant national strategies such as the National Play Strategy and the World Class Sporting system. This Dundee Partnership document is also a part of Dundee’s City Plan and is used to influence positive change for all physical activity in the city.

# ACTIVE CITY SERVICE

The Active City Service is made up of Sports Centres (DISC, Douglas and Lynch), Community School Facilities (7 Secondary and 3 PPP Primary Schools), Active Schools function and Golf (Caird 9 Hole & 18 Hole and Camperdown Courses).

The Service had an incredible **805,389** customer engagements in 2018/19, an increase of over 60,000 engagements on the previous year. The staff have worked tirelessly securing new events, hosting new activities and creating business plans for new facilities, all of which have contributed to the increased usage numbers.

Highlights for each team for 2018/19 are listed below:

## SPORTS CENTRES

DISC, Douglas and Lynch Sports Centres had another successful year accumulating 369,593 visits over the year which included 54,975 attendances to the fitness suites, 43,001 Activity Class attendances and 66,989 attendances on the Outdoor Pitches at DISC.

As well as the normal operations of the Centres, the team additionally hosted many events and tournaments throughout the year, including:

Kanzen Karate held the British Karate Championships in DISC on Saturday 28 April 2018. With over 600 competitors competing across a variety of categories. The event was an overwhelming success with those competing ranging in age from 6 to 55.



DISC hosted the inaugural National Super League Futsal Fixture on Sunday 23 September. For the first time since the league's creation Dundee had two represented teams in the Super League in Dundee Futsal Club & Polonia Futsal Club.



This year DISC began hosting a monthly 80's style Family Roller Disco. In partnership with United SK8's, DISC has held 8 Family Fun discos from April 2018 to March 2019. These have been well attended and offer an alternative family activity differentiated from mainstream sports.

DISC Indoor Cycle Studio & Small Group Fitness Room – in March 2019 DISC Fitness Suite was transformed into an Indoor Cycle Studio set up with 17 state of the art static spin bikes, a new virtual drop down screen and the introduction of MyRide technology, which allows users to experience virtual instructors and virtual tracks when participating in the classes.



Festive Fun at Douglas Sports Centre – in December 2018 the staff at Douglas Sports Centre decided to go the extra mile for local children by firstly transforming the reception and entrance foyer into a Winter Wonderland style Santa's Grotto and secondly by supporting and hosting a Christmas Party for locally disadvantaged school children.



Charity Fundraiser at Douglas Sports Centre – staff at Douglas Sports Centre held a 4 hour indoor cyclathon in support of local charity Dundee Stroke and Exercise Club who run weekly sessions at Douglas. After a gruelling 4 hours on the virtual spin bikes the 16 staff members raised a fantastic £1,060. The money raised went towards a new specialist piece of fitness equipment to allow the group to support more participants at the weekly sessions.



## COMMUNITY SCHOOL FACILITIES

Despite a challenging year for the School Swim Lesson programmes due to recruitment difficulties, these community facilities still performed very well, with 121,761 customer engagements across Grove, St. Paul's and Harris. The community facilities are evenings and weekends only operation and the attendance levels equate to an average of 31 users per opening hour.

46,729 attendances were recorded through the Leisure & Sport Learn to Swim programme at Grove & St. Paul's in 2018/19. The Menzieshill Whitehall Swim & Water Polo club has also recorded 13,250 attendances at Harris Swim and Sports Centre.

The school facility operation has developed over the past year. The key focus has been to create a new staffing model to enhance service delivery. The new proposed staffing model will provide additional resource for the Learn to Swim programme and ensure a consistent level of service is provided across the estate.

Baldrigon Community Sports Facilities – L&CD introduced a new usage mode through an access agreement with Dundee North West Community Sports Hub in October 2018. This gives the Community Sports Hub exclusive access to the sports halls and the astro pitch during evenings and weekends and resulted in 18,804 engagements over the 6 months the model has operated. Work is now taking place to support a greater partnership between the School and the Community Sports Hub. This new agreement has increased opportunities in the area, with Madsons Basketball Club moving into the sports hall. This has also led to Baldrigon Academy becoming a school of Basketball (Cashback Programme).

There has been some challenges over the past year, with the operation at Braeview Academy unable to resume following a fire in September 2018. The school has re-opened for education purposes. However due to fire damage to the lighting and with temporary accommodation being installed, the facility has not been able to re-open for community sports access.

There were several closures due to maintenance works carried out by Dundee City Council across the estate, including at St. Paul's, St. John's and Harris. The effect on the programmes was minimised due to the hard work of staff in relocating clubs and programmes.

## ACTIVE SCHOOLS NETWORK HIGHLIGHTS

The Active Schools team has continued to offer a wide range of high quality sport and physical activity opportunities, which has increased the number and diversity of children and young people participating in an Active Schools activity.

The team has been focused on engaging with children and young people who may experience barriers to participation to support their inclusion in activity, with a particular focus on age, disability, gender and socio-economic disadvantage.

This year has been an extremely busy year for Active Schools, with progress made in a number of key areas:

**School Sport Participation** – The Active Schools team has provided sport and physical activity opportunities for a total 9,018 children and young people (49% of the school roll). Over the course of the year this totalled 215,446 participation sessions (average number of visits to clubs). Fantastically, female participation increased by 3%.



**School to Club Links** – Over the past year the number of school club links, is up from 357 to 411. The establishment of the Physical Education, Physical Activity and Sport (PEPAS) group will help support the different links with schools and areas of work going forward.

**Secondary School Sport Competition** – The Netball leagues at Morgan Academy, the Girls Football at Craigie High School and the Basketball leagues at Harris Academy were all very well attended. The Cross-country at Baxter Park and the Dance festival at Caird Hall also attracted a large number of participants this year. Over the course of the year we had 1,400 pupils compete for their secondary school.



**People** – Active Schools has been working hard to grow and develop a network of people to deliver opportunities in schools. Distinct deliverers has increased by 16 people to 744 (2018/19) of which 637 were volunteers who gave up their time to lead schools sport sessions. 78% of the volunteer workforce is made up from teachers, senior pupils and students.

**Workforce Development** – In partnership with Abertay University and Dundee & Angus College, Active Schools supported over 150 students to develop their knowledge and skills in a school sport environment by providing training and opportunities to gain valuable experience in planning, organising and delivering activity sessions as part of their course work.



## EQUALITIES AND INCLUSION

**Pupils with a Disability** – Pupils at Kingspark have the opportunity of attending clubs by L&CD for Football, Boccia and Dance that Active Schools supported. Active Schools has organised more bespoke events for pupils with a disability than ever before, including cross country, Boccia and Tennis. Dundee also had its largest representation at the regional ParaSports, building on the annual increases for the last three years. This year we also ran a successful Boccia CLPL with more than 18 attendees.

**Pupils from SIMD 1 & 2** – Excellent progress has been made to increase participation of pupils who live in SIMD 1&2 by ensuring a wider variety of opportunities to participate. The largest success of the year has been the school to club transition project with Grove Menzieshill Hockey Club and the Braeview cluster (and surrounding area). The team has run a year of successful holiday programmes for pupils who live in SIMD 1&2 and has progressed the offer to three areas across the City catering for over 100 pupils.

**Girls in Sport** – A major highlight for the year has been the female only staff and pupils classes, which was run in partnership with FFD and offered a great opportunity for staff to engage in health and wellbeing.

**Care Experienced Pupils** – A pilot project was run at Kingspark, in partnership with the Scottish Dance Theatre group who had gained funding for a project to work with care experienced pupils. The project involved working with 8 pupils and using dance and theatre as a way of increasing their confidence and self-esteem. The aim is to run similar programmes in every secondary school in the next academic year.

**School Sport Awards** – Active Schools supported two schools to achieve their **sportscotland** School Sport Gold Award.



## GOLF

2018/19 was, in many ways, a successful year for the Golf Service. Attendances on the Courses were up by over 3% on 2017/18 figures, with over 48,500 rounds played on the three Courses. Memberships too were up consistently throughout the season after a slow start. The yearly average was 1,295 members and this is the first increase in the yearly average since 2011/12. The good summer weather and the mild winter played a major part in these improved figures. This, combined with the excellent condition of our courses, saw growth in the golf service for the first time in many years and sees Golf Dundee continue to buck the national trends in golf participation.

Golf Dundee held 5 competitions over the year across both courses, attracting 266 competitors.

The golf coaching programme also had a successful year, with the majority of the sessions on offer filled or, in some cases, oversubscribed. 2018 also saw the introduction of gents lessons to run alongside our ladies and junior coaching. The ladies and juniors programmes were very successful attracting 24 and 49 participants respectively. This is something that will continue through 2019.

Three staff completed the Level 1 Coaching qualification, passing with flying colours. This enables them to assist with the delivery of the lesson programme and also assist golfers through one to one lessons.

Golf Dundee Ladies club continues to go from strength to strength. This is the only independent ladies club in Scotland.

In particular the Junior Coaching had an eventful year with Golf Dundee taking part in Scottish Golf's "Road to the Open" program, partnered with Active Schools. A group of new beginner junior golfers took part in a 6 week program of coaching at Caird Park, with a final event held at Monifieth Golf Course just prior to the Open at Carnoustie. To the delight of parents, coaches and the girls involved, our group of Girls won the entire competition, up against teams from all over the east of Scotland.

Much celebration ensued, with the group even ending up trending on Twitter, 'flossing' in celebration. The programme culminated in a visit to Carnoustie on one of the practice days for the Open where the girls met with Paul Lawrie and took part in a Q&A with the former Open Champion.

# ACTIVE LIVING SERVICE



The Active Living Service operates Ancrum Outdoor Learning Centre, Camperdown Wildlife Centre, Dundee Ice Arena and McTaggart Regional Gymnastic Centre, and provides the Health & Wellbeing and Sports Development Services.

The Active Living Service has completed another extremely busy and productive year with increased attendances and participation in most areas.

There were 454,967 attendances in the year throughout the service.

## ANCRUM OUTDOOR LEARNING CENTRE

The Outdoor Learning Service is committed to providing a high quality outdoor learning service for the benefit of Dundee City schools, community groups, third sector organisations and the general public of Dundee.

Over the past year Ancrum has experienced a period of exponential growth, which can be in part attributed to a new school service contract which now includes all 33 primary schools.

Core funded programmes, alongside secondary and some off-site establishments including Kingspark ASN School, plus a number of additional programmes financed through pupil equity funded primary schools, have shown benefits on offer to children and young people.



Ancrum services are used by schools and community groups to meet a number of wider achievements within the curriculum for excellence which promotes better outcomes for children and young people and contribute to helping schools in reducing the attainment gap.





Private bookings over the period have grown steadily through the revised birthday and group packages, which were launched earlier in the year. Ancrum's growing presence on web search engines and social media channel pages has also had a beneficial influence.

The Ancrum/L&CD school holiday programmes remain at a high uptake level during the Dundee Easter and Summer school holidays. However, analysis shows that in October there is a relatively low uptake, because of weather challenges. This year a decision was taken to introduce local morning and afternoon sessions in skiing, mountain biking, archery, geocaching, orienteering etc. and these sessions have proved really popular with high attendance rates. This model will be developed in future holiday programmes.

Ancrum has now established an Active Travel team at the Centre with recruitment of two Active Travel Coordinators and a Bikeability Coordinator through external grant funding initiatives. The Coordinators work directly with schools across the city to teach children a key life skill in how to ride a bike safely and undertake Cycling Scotland's Bikeability Awards programme for primaries 6 and 7. The Travel Coordinators also work with schools to support the development of active travel plans which will promote walking, scooting and biking focusing on sustainable transport in the future.



## CAMPERDOWN WILDLIFE CENTRE

The Centre underwent a full external inspection on 23 April 2018. These inspections take place every three years and are undertaken by two Scottish Government appointed officials. The following statement is a quote from Professor Anna Meredith, the Government's Lead Inspector:

**"THE INSPECTORS WERE HIGHLY IMPRESSED WITH THE OVERALL STANDARDS OF HUSBANDRY, MANAGEMENT, AND RECORD KEEPING, THE OBVIOUS DEDICATION AND ENTHUSIASM OF THE STAFF AND THE SIGNIFICANT UPGRADES OF MANY ENCLOSURES SINCE THE LAST INSPECTION."**

The Centre partnered with Dundee and Angus College to provide a unique course at Higher Level. This course was based in the zoo two days a week. The students completed projects, which included enrichment activities for our animals. In order to pass this course students were required to put together a video project. These can be viewed at: <https://m.youtube.com/channel/UC9xzIXNMwufKyJqKIUE7Wgg>

Visitor numbers increased by 5% on 2017/18 numbers. These slight fluctuations, positive and negative, are not unusual as the Centre's numbers vary with the weather. Interestingly, this increase in visitors was in the normal down-time months of January and February.

The wolf pack has settled well since the intervention to reduce pack numbers. The keepers are now hoping for a more consistent relationship with the wolves, which will allow for basic training to help facilitate a more controlled environment to aide veterinary treatment.

Finally 2018 saw some new residents in Camperdown:

- A total of 18 three month old Burmese Brown Tortoises arrived from Cologne Zoo
- A male Kea arrived from the Czech Republic followed shortly after by a female from Essex Zoological Park
- A male and female porcupine from Tropical Wings
- A male and female hornbill also from Tropical Wings





## DUNDEE ICE ARENA

The arena welcomed **152,930** visitors last year, an increase of nearly 12% on 2017/18. These attendances were boosted by the World Karate Championships and a successful season for the Dundee Stars ice hockey team.

Dundee Ice Arena held the World Karate Championships in June. The event was extremely successful and this prestigious competition saw local talent scoop many accolades. The event also brought approximately £10 million to the local economy.

Curling was slightly down on 2017/18 with 4,880 participants with the evening sessions running at 85% capacity. However, Junior Curling was at its highest this past season with over 50 members and the junior curling club had a full membership throughout the season.

Ice Hockey attendances increased by 20% on 2017/18; this includes Elite, SNL, Junior and recreational levels. Dundee continues to be at the forefront of Scottish hockey, the monthly National Junior programme is based at the arena where the elite players from around the country come together for training and selection to the Scottish national teams. The SIHA Scottish Cups and Play Off finals are all now played at DIA. These activities saw a total attendance of **63,872** for participants and spectators.

Figure Skating at the arena has grown year on year with attendance by participants of **10,496**. The quality of athletes based in the arena is the highest in the UK. Natasha McKay retained her third British Champion title in November and has secured her place at the European and World Championships. In January Natasha represented Great Britain at the European Championships in Minsk, Belarus. Natasha finished 20th out of a field of 36 world class skaters and has secured her place to compete at the World Championships in Japan. In March Natasha competed at the World Championships where she placed 21st overall, an incredible achievement for the young Dundee skater.

Simon Briggs, Figure Skating Coach, won Coach of the Year at the L&CD sports awards.

All of these activities encourage the participation in General Skating where there were **50,306** attendances last year.



## MCTAGGART REGIONAL GYMNASTICS CENTRE

The Centre continues to operate at near capacity and has achieved its highest annual attendance figures in 2018/19 since opening in 2013, balancing the performance objectives with accessible options for all. The activities provided continue to be extremely popular with term-time and holiday coaching programmes at capacity, alongside busy family fun sessions, parties and planned primary school visits. Throughout the year, the Centre welcomed a range of new user groups including Kingspark School, Grove Academy, Rockwell Off-Site Provision and Rowantree Primary School for a series of sessions, as well as many different clubs/groups who access the Centre on a regular basis, including gymnastics clubs, university clubs/college groups, NHS groups and Scottish Gymnastics.

Funding was secured through the J MacDonald Menzies Charitable Trust to provide one free visit to every primary school in Dundee between April 2018 and March 2019.

The winter months again proved challenging with the failure of the heating system. However, in February, work was undertaken to repair the existing heating system and install a new supplementary electric heating bank to enable temperatures within the hall to be maintained, irrelevant of the outside air temperature. Dundee City Council architects and the property team are continuing to seek long-term solutions to ensure there is an economical, efficient heating system in place.

## HEALTH AND WELLBEING

The year's new initiative Activate generated 64 referrals with over 80% uptake and continuation onto one of the stages of the programme with 53 young people (either affected by a health condition or care experienced) currently being supported.

## ACTIVE FOR LIFE

Memberships continue to grow, reaching a peak of 156 for the year.

## FAMILY ACTIVE PROGRAMME

Families are undoubtedly showing signs of behaviour change as they move through the various stages of the programme. 292 families have now been referred to the programme and currently 149 are being supported at one of the stages.

## MOVE MORE DUNDEE

434 referrals have been received since the programme's inception. 76% of all referrals have been triaged. A new partnership has been developed with Roxburgh House and this programme was nominated for Macmillan Volunteer Service of the Year. The team attended the Paths for All Volunteer Awards at the Scottish Parliament in September as the walk leaders were nominated for Team of the Year.





## PARKLIVES

Summer holiday attendance targets were smashed with a total of 4,750. Social media engagement remains high with 4,688 likes on Facebook, 929 followers on Instagram and 805 followers on Twitter. Fantastic profile with Councillor Lynne Short tweeting about the programme and tagging local MPs and MSPs Joe Fitzpatrick, Shona Robison, Stewart Hosie and Chris Law.

## PARENT EARLY EDUCATORS PROGRAMME

The programme has supported families at Central Library and Finmill Community Centre during the year.

## PLAY @ HOME

Training was delivered to health visitors and nursery staff over the year with more courses planned for 2019. The team were one of the key deliverers at a very successful National Play Day in Dundee with over 1,200 people in attendance.

## EAT WELL PLAY WELL

Training was delivered at Claypotts Castle Primary School. In partnership with Adult Learning, a community "Eat Well Play Well" programme was delivered in the Hilltown area where families enjoyed the cooking and the physical activity.



## READY STEADY GO

This is an exciting and engaging programme of fun for children aged 10 months to 5 years.

## BABY MASSAGE

The programme was launched in September in partnership with the libraries service. A brand new venture of combining Little Gymtime & Adult Fitness sessions started in January. Great feedback has been received allowing an opportunity for new parents to keep active.

## STEPS TO HEALTH

This programme has developed new links with Kingsway Care Services, Public Health Psychology (adults with learning difficulties) and Alzheimer's Scotland. The Programme Coordinator completed Strength & Balance and Train the Trainer through Paths for All.



## STREET SOCCER

A Castle Huntley Personal Development course was completed by 15 people. Encouragingly, Street Soccer is now part of the Recovery Road Map, distributed citywide. The Dundee Regional Manager was confirmed as the Homeless World Cup team manager for Mexico 2018, which is a significant recognition of the work happening in the city. Three Dundee players were selected to be part of the Homeless World Cup. Following the event, two out of three of the Dundee players were supported to move into volunteering positions to support the local programme.



## DANCE

A total of 574 attendances at the Summer dance camps in July and August were held at St. Paul's Swim & Sports Centre.

53 dancers from the companies performed as part of the opening ceremony for Dundee's V&A museum. They worked alongside professional dancers from Shaper Caper to showcase their dance talent and performed to a huge audience.

The Urban Moves Dance Company was thrilled to be asked to support the charity event of the year, Help for Kids 'Strictly Come Prancing', held at The Apex hotel. 11 couples competed in a dance contest with a panel of judges, led by comedian and TV personality, Brian Conley. Urban Moves Dance Company closed the Dundee Sport Awards ceremony held at Dundee's Caird Hall.

Youth participation across L&CD gyms continues to grow, with over 3,000 attendances across this pilot year. Youth RPM is an excellent addition to the programme and provides excellent options for young people to increase their fitness.





## SPORTS DEVELOPMENT

One of the highlights of the sporting calendar is the Leisure and Culture Dundee Sports Awards event, which was held in the Caird Hall on the 20 February. Recognition of the achievements of athletes and coaches in the city were celebrated on the evening with over 250 guests including club coaches, officials, volunteers, athletes and parents, as well as L&CD management, Trustees and representatives from key partner agencies including Dundee City Council, sportscotland, National Governing Bodies of Sport and sponsors of the event. Twelve Awards were presented on the night, including a new award to recognise the achievements of Senior Athletes, as well as Club of the Year, Young Sports Person and Sports Person of the Year. The awards attracted a great deal of media coverage with photographs and articles on the front page of the Courier, an 8-page spread in the Evening Telegraph and numerous posts on social media. Bill Bowman MSP also lodged a motion in The Scottish Parliament to recognise the success of Kanzen Karate winning the Club of the Year award. Balfour Beattie were the main sponsors of the 2019 event.

Following the successful summer Football Fun 4's programme where 250 children attended each week, a winter programme of small sided games was delivered within Harris, Grove and St. Paul's Swim & Sports Centres, as well as Lynch Sports Centre. Over 80 players attended weekly as part of their preparation for the new 7-a-side football season, which started in March.

An employability partnership between Leisure and Culture Dundee, Dryburgh Athletics Football Club and the Scottish FA created a 30 hour a week post to work within the Sports Development team.

Six out of the 8 Dundee Partnership Forums awarded grants to the Sports Development team to provide a programme of free football classes within their wards. The funding allowed 30 sessions per week to be delivered in 19 different venues, catering for over 500 children, in a bid to ensure that finance and other barriers to participation within the football programme are reduced. A further 4 schools provided Attainment Challenge Funding to provide free football sessions through the Sports Development team throughout 2018/19.

A new athletics post was created focussing on the development of the sport within the city allowing the stronger links between the local athletics club, Dundee Hawkhill Harriers, the L&CD partnership and Scottish Athletics to benefit. The first year has now been completed with great progress being made, despite the current displacement from their 'home' while the Regional Performance Centre is built.

73 athletes were selected and attended the 2018 Rising Stars Camp, which took place from 23 to 27 July. Athletes were selected from existing football, hockey and athletics, and for the first time ever, Netball Dundee player development squads/programmes. The camp was based at DISC and comprised a range of sports specific and sports science and conditioning sessions.



Additionally, the netball squad played a match against the Angus Squad. The athletes travelled to Lunan Bay and the George Duncan Athletics Arena in Perth for training sessions and the football squad travelled to St. Andrews to watch the Dundee United first team training.

Tennis for Kids courses were delivered during the period involving 26 children aged 4 to 11 years. The 6 week LTA programme is designed to be a fun introduction to tennis, feeding into regular mini tennis classes upon completion.

In 2018 the Tennis for Mental Well-being programme ended on a positive note when analysis of the participants from the programme showed 4 of the players continued to book courts and play together on a weekly basis beyond the 12 week programme, which was funded by the Dan Maskell Tennis Trust.

# AQUATIC SERVICE



Scottish Swimming's National Swimming Framework will be rolled out at all venues which will help increase our Learn to Swim capacity, aid retention of participants and provide an aquatic pathway for all ages and abilities. The Workforce Development Plan will help plan for the increase in capacity and numbers of qualified swim teachers within the service.

## Swim Teacher Mentoring & Training –

The Aquatic Mentor is working closely with new swim teachers providing essential support for the city wide programme. Following mentoring sessions training needs are identified and support put in place to ensure teacher retention and turnover is improved.

There were 8 L&CD swim teachers given training on 'awareness' enabling them to better support the Activate programme. The session covered why children are referred and by whom, whilst providing swim teachers with an understanding of the barriers to participation these young individuals may experience.

17 swim teachers attended **sportscotland's** safeguarding children training, helping to highlight awareness and giving staff the confidence to recognise issues when they appear.

**Active Women** – Leisure and Culture Dundee along with Dundee Carers Centre, Volunteer Dundee and Dundee International Women's Centre invited guests to a celebration event "Hear Our Voice" as part of Dundee Women's Festival.

Olympia hosted a women only evening on Friday 8th March, which included the full use of facilities - pool, fitness studio and classes. It was an amazing session which had a party atmosphere as many ladies had never used the facilities due to modesty requirements, some who had never been swimming (many first time mums). It's hard to put into words the experience for these ladies and the feedback has been exceptionally positive. This highlighted how patient and helpful the staff were and how relaxed participants felt. Over 190 ladies were introduced to swimming through this event.

## AQUATIC DEVELOPMENT LEARN TO SWIM PROGRAMME

### Attendances

<b>Olympia</b>	28,230	(27,105 2017/18)
<b>Lochee</b>	2,553	(5,123 2017/18)
<b>St Paul's</b>	22,146	(21,625 2017/18)
<b>Grove</b>	24,583	(20,884 2017/18)

2018-2019 has been a difficult year for Learn to Swim in the city, working closely with the governing body, Scottish Swimming, moving towards the National Framework for Swimming, new swim teacher qualification SSTQ, and pulling together information and a new staffing structure to enable a more effective and efficient Learn to Swim programme across our sites.

The Aquatics Team is working hard to develop an aquatics strategy for the city with the support of Scottish Swimming. This has prompted a review of the service with the implementation of a Workforce Development Plan to meet the huge demand for Learn to Swim in the city.



Lochee hosted a little tea party on Tuesday 5th March for Active Women, many of those who attended are carers for their loved ones. Dundee Carers Centre has seen a significant rise in referrals to its service from this session due to the social side of ladies getting together for a 'wee' swim/gym/sauna once a week.

**Drowning Prevention Week 2018** – L&CD supported The Royal National Lifesaving Society's Drowning Prevention Week, this national campaign is vital in reducing the 700+ drownings in and around UK waters each year. Free sessions were provided over the Drowning Prevention weekend on 23 & 24 June.

26 children took part in Rookie Lifeguard Taster sessions providing participants with Water Safety Awareness, self-rescue principles and rescue techniques making them safer in and around water.

30 adults took part in Save a Baby/child sessions providing parents/carers with vital information on what to do if a child stops breathing, giving vital knowledge in what to do in an emergency situation.

1,047 children took part in the Water Safety Lesson, all part of Drowning Prevention Week, learning to be safe and having fun as well. Children were also issued with Water Safety Information Packs adding to the fun of learning how to be safe.

30 people were shown how to operate an Automated External Defibrillator when an emergency occurs, showing how easy an AED can be used to save someone's life.

## LOCHEE SWIM AND LEISURE CENTRE

### Attendance

#### Pay to Play

30,214 (2018/19) & 37,002 (2017/18)

#### Cumulative (Including member visits)

71,269 (2018/19) & 78,037 (2017/18)

The first quarter of the year saw an increase in attendances in Health Suite, Fitness Suite and Activity Classes. Unfortunately, there was a decrease in swimming pool and Learn to Swim programme attendances. Some of the factors affecting continuity of service were a pool closure for one week in June 2018 for essential maintenance works and a health suite closure for one week in June 2018 for additional essential maintenance works.

Unfortunately, during the July to September period, numbers were down due to the exceptionally good summer period. In addition cancellations to classes had to be implemented due to challenging staffing issues. At the same time a decrease on Leisure Active members was noted. The Lochee Centre has faced a number of challenges during the year: including the opening of a brand new fitness franchise, 'The Gym', in the nearby Stack Leisure Park in July 2018.

A collaborative series of charitable donation generating ventures were held between the Centre and the Library. These included a child's colouring-in art competition and a coffee morning. Staff, customers and users of both facilities raised £500.17 which was donated to MacMillan Cancer support.

Our long standing friend and colleague David Morris (Duty Manager), who was our longest serving member of staff, decided his "whistle" and "speedo's" were to be hung up! His last working day was Friday 14 December and, after a mammoth 43+ years' service, we saluted him 'adios' with best wishes and good health moving into his retirement.





## OLYMPIA

Olympia had another successful year.

Attendances were 472,460, which is a small decrease in attendances on last year by -0.75% (3,529) and given the emergence of new sports facilities, offering low price memberships, this is an excellent performance.

The Olympia was host to 27 swimming events ranging from school galas to the Scottish semi-finals for the Scottish Water Polo Association.

For the second year, Olympia was proud to deliver the Drowning Prevention Week. Olympia staff participated fully. Dundee Photographic Society provided a photographer for event and there is now a library of copyright free photos for use. The event was very successful thanks to the Aquatics team management of the event.

This year Olympia participated in the Active Women event, along with partners Dundee Carers Centre, Volunteer Dundee and Dundee International Women's Centre, and invited guests to the celebration event "Hear Our Voice" as part of Dundee Women's Festival.



Throughout the year Olympia hosted charitable events such as the BBC Children In Need film shoot for the NESS (North East Sensory Services) and worked with 6 different agencies to promote their charitable purposes, i.e. Marie Curie awareness promotion and Scottish Association for Mental Health.

Other innovations include the introduction of a grandparent/grandchild combined swim ticket, permanently increasing access times for 'family active' programme, introduction of a pricing system using hotel bedroom folders as well as the L&CD Volunteer week in the Olympia Atrium from 5th to 9th November 2018.

# PERFORMANCE & BUSINESS SUPPORT

## TRAINING

The Training Team has now completed 493 courses as an active approved training centre under Quallsafe Awards, one of the largest Ofqual recognised Awarding Organisations in the UK.

In 2018/19 there were a total of 468 learners through First Aid qualifications with a large increase in Level 3 Pediatric First Aid courses. This course is helping to meet the operational requirements and needs of Dundee City Council departments and their employees who work with young children and infants.

The Training Team was put through an annual External Quality Assurance process by the Institute of Qualified Lifeguards in August 2018, for which they received 100%. This score has been maintained at this level for the past 6 years and once again shows the hard work which has gone into training delivery and administration.

## MEMBERSHIPS

Leisureactive memberships have had a very difficult year as member numbers dropped from an all-time high at the end of the 2018 financial year, to December 2018 when it dropped to the lowest membership since January 2015.

This membership loss is mainly down to the increased competition in the city with two new budget gyms opening, one in the city centre and one in the Lochee area, both in direct competition with L&CD gyms in those areas.

Golf Dundee memberships performed exceptionally well in a sport which is going through challenging times in terms of numbers playing. Golf membership numbers for 2018/19 increased on the previous year for the first time since the year 2011/12.



## BUSINESS DEVELOPMENT

There have been a number of developments within the fitness studios across the Leisure and Sport fitness portfolio. DISC has seen a change in the fitness offering as all resistance and aerobic equipment was replaced with a new indoor cycle studio offering virtual and instructor led classes, as well as the introduction of a new small group exercise training area. This change now offers much more variety for our customers across our 8 fitness facilities.

Further changes to the fitness studios include a small group exercise area at both Douglas and Lochee as well as My Ride personal bikes at Olympia and Douglas, which are the same as those offered at DISC. New equipment has been introduced at Douglas, Lynch, DISC, Lochee and Olympia to further enhance our fitness offering. A personal trainer has also been brought into the Fitness Team and has been supporting customers through delivering sessions across a number of facilities.





## EVENTS

### Leisure & Sport "Come & Try Day"

Leisure & Sport Services held its annual Come & Try Day on Saturday 9 June 2018 in its new venue at Slessor Gardens. The venue was the perfect location, allowing us to expand on previous years' provision by including dance, archery, netball, ParkLives and Ancrum's very own Climbing Wall. When added onto regular activities such as football, tennis, ice hockey, golf, early years and athletics, we were able to showcase a total of 16 different activities spread across the park.

The weather also played its part, helping to attract in excess of 1,600 participants who came along to enjoy the day. The purpose of the event is to not only showcase the range of provision we have available but to also promote our regular activities to customers. As such, staff were on hand to advertise what Leisure & Sport Services offer, answer any questions participants had and point them in the direction of suitable classes based on their interests.

### Leisure & Culture Dundee's Santa Dash

In partnership with The ARCHIE Foundation, Leisure & Sport held its second Dundee Santa Dash throughout the streets of Dundee city centre with almost 550 'Santas' creating a sea of red whilst running, jogging and walking through the streets of Dundee. Once again the Santa Dash managed to raise £5,000 in sponsorship for The ARCHIE Foundation with the money going directly into helping sick children throughout Dundee. From young to old, wheelchair users to pram pushers, everyone got into the Christmas spirit and made it a day to remember.



## STAFF HEALTH & WELLBEING

### Employee Health AND Wellbeing Strategy

2018/19 saw the introduction of the Staff Health & Wellbeing Strategy. The aim of this strategy is to promote physical activity and compensate for a sedentary workplace, and to make a commitment to target less active employees. The overall mission was to increase employee health and well-being. The intended outcome is a more active and engaged workforce by promoting the benefits that physical activity.

